

UPLAND UNIFIED SCHOOL DISTRICT CASE STUDY: EHR SOFTWARE FOR SCHOOLS INCREASED COUNSELING TIME SPENT WITH STUDENTS



OBJECTIVES

Upland Unified School District (UUSD) is located in San Bernardino County and was established in 1986. This K-12 district serves ten elementary schools, two junior high schools, and two high schools. UUSD has award winning schools and signature academic programming like dual-language immersion, wellness centers, and student gardens.

UUSD recognizes that their students experience mental health challenges, and they strive to promote students' emotional and social well-being through collaboration with other agencies and the use of the district Counseling Center. However, district counselors found that it was challenging to keep up with case notes and documentation requirements when using paper files, and it was limiting their productivity and time spent with students.

SOLUTIONS

Exym's EHR software for schools was designed with the features Upland Unified School District needed to streamline student counseling documentation, complete digital charting notes, and create permissions to share files only with those who have permitted access. With Exym, school mental health professionals could also securely send forms electronically and collect signatures quickly and easily.

HOW THEY DID IT

They streamlined processes using customized workflows, digital documentation, and secure electronic forms.

UUSD used Exym's customizable electronic forms and workflows to streamline documentation processes within the Counseling Center. They created a system of confidential charting that can grow with them, and be used well into the future as they serve more students and address the needs of counseling interns and staff. This has allowed counseling staff to spend less time on charting and paperwork, and more time with students.

AT A GLANCE

Challenges

- Required easy-to-use, confidential, digital case notes and documentation features
- Needed to send forms and collect signatures electronically

How Exym Helped

- Exym's EHR software gave school mental health professionals the tools to quickly document counseling notes digitally, and easily secure electronic signatures.



"Exym has increased our capacity, streamlined our process, and helped us create a new system that can be used for future years. Our Counseling Center interns and site associates have continued to speak about the ease of use, getting electronic signatures, and other features that have simplified their charting process."

Leah Hamamoto, LMFT

Behavioral Health Program Manager
Upland Unified School District